

The following pain management protocol is tiered to ensure a global relevance, recognizing that not all analgesic modalities are available to veterinary practitioners and vary from region to region around the world. Its implementation will be guided by the various analgesic modalities available along with the needs of the individual patient requiring treatment. This protocol is reproduced from the WSAVA Global Pain Treatise, a succinct yet comprehensive review of pain assessment, various pain modalities, and the treatment of various clinically painful scenarios in both dogs and cats. The WSAVA GPC Pain Treatise published in the *Journal of Small Animal Practice* and is available for open access at the GPC pages of [www.wsava.org](http://www.wsava.org).

## Soft tissue surgery

Soft tissue surgery may cause mild, moderate or severe postoperative pain. Preventive and multimodal analgesic techniques should be employed and local anaesthetic techniques included whenever possible. The balance between pre-, intra- and postoperative analgesia will depend on the severity of the preoperative condition and the location and magnitude of surgical trauma. Where postoperative pain is not successfully controlled with NSAIDs, alternative or additional analgesics or analgesic techniques should be employed. Major soft tissue surgery may lead to chronic pain which may have a neuropathic component. To date no veterinary studies have been performed assessing the benefit of adding gabapentin to the perioperative anaesthetic and analgesic protocol in surgical situations where there is significant nerve damage. However, based on its use in human medicine there may be potential value for use in the prevention of neuropathic pain.

Note: The choice of opioid,  $\alpha_2$  adrenoceptor agonist or NSAID used will vary based on availability and contraindications. Loco-regional anaesthetic techniques such as intra-articular, incisional and specific nerve blocks, wound infusion catheters or combinations thereof before and/or after surgery are highly recommended in all cases. Such techniques become mandatory when opioids and other controlled analgesic drugs are not available.

### Minor soft tissue surgery

*Pre- and intraoperative:* Combination of an opioid, NSAID  $\pm$   $\alpha_2$  adrenoceptor agonist  $\pm$  ketamine (cats). Local anaesthetic techniques.

*Postoperative analgesia:* NSAIDs (unless administered preoperatively)  $\pm$  opioid and/or non-drug therapies.

### Protocol without controlled drugs:

Same as above but without the opioid.

### Protocol with limited availability of analgesic drugs:

*Pre- and intraoperative:* Combination of  $\alpha_2$  adrenoceptor agonists, tramadol, a NSAID and local anaesthetic technique.

*Immediate and later postoperative (24 h):* NSAID (unless administered preoperatively), paracetamol (acetaminophen) (not in cats) or dypirone, and non-drug therapies.

### Major soft tissue surgery

*Preoperative:* Same as for minor soft tissue surgery.

*Intraoperative:* Boluses or infusions of opioids  $\pm$   $\alpha_2$  adrenoceptor agonists  $\pm$  ketamine  $\pm$  lidocaine. These drugs may not be required if an effective local anaesthetic block has been performed.

*Immediate and later postoperative (24 hours):* NSAID (unless administered preoperatively), continuous infusions or boluses of drugs used intraoperatively as needed  $\pm$  other adjunctive drugs and non-drug therapies such as cold therapy and acupuncture.

#### Example of a protocol for a dog undergoing a perineal hernia repair

- *Preoperative:* NSAID (24h dose; ideally one approved in dogs), morphine 0.5 mg/kg IM, and acepromazine 0.02 mg/kg IM.
- *Induction of anaesthesia:* ketamine 5 mg/kg and diazepam 0.25 mg/kg IV, or to effect.
- *Maintenance of anaesthesia:* Inhalation anaesthesia with lumbosacral epidural administration of 0.5% bupivacaine (1 mL/5 kg before surgery).
- *Immediate postoperative (24 h):* Morphine 0.3 mg/kg IM (every 4–6h depending on evaluation, or as needed), non-drug techniques such as cold therapy.
- *Later postoperative days:* NSAID (same drug as preoperative, starting 24h after preoperative dose), q24h and buprenorphine 0.01 mg/kg IM, q8h up to 3 days postoperatively.

#### Example of a protocol for a cat undergoing a surgical removal of injection site sarcoma

- *Preoperative:* NSAID (24h dose; ideally one approved in cats), morphine 0.2 mg/kg IM, ketamine 5 mg/kg and midazolam 0.25 mg/kg IM.
- *Induction of anaesthesia:* Propofol to effect IV.
- *Maintenance of anaesthesia:* Inhalation anaesthesia with constant rate infusions of fentanyl 10  $\mu$ g/kg/h following a loading dose of 2  $\mu$ g/kg IV and ketamine 0.6 mg/kg/h. Infiltration anaesthesia with local anaesthetics.
- *Immediate postoperative (24 h):* Constant rate infusions of fentanyl 1–3  $\mu$ g/kg/h and ketamine 0.12 mg/kg/h. Cold therapy  $\pm$  acupuncture. Wound therapy catheter with administration of bupivacaine 0.5% (up to 2 mg/kg).
- *Later postoperative days:* NSAID (same drug as preoperative, starting 24h after preoperative dose) and buprenorphine 0.02 mg/kg IM, q6–8h up to 3 days postoperatively.

### Protocol without controlled drugs:

See above, without the opioid. Injectable tramadol may be administered in the perioperative period. The use of local anaesthetic techniques, particularly regional blocks, lidocaine infusion intra- and postoperative, non-drug therapies combined with NSAIDs becomes critical when opioids are not available.

### Protocol with limited availability of analgesic drugs:

See above without opioids. A combination of low dose  $\alpha_2$  adrenoceptor agonist, NSAID (unless administered preoperatively), gabapentin, paracetamol (acetaminophen) (not in cats) or dypirone, amantadine, non-drug therapies, further regional blocks or continuous wound block (wound catheters).

*Later postoperative days:* NSAID as required non-drug therapies, further regional blocks or continuous wound block (wound catheters).

**If pain cannot be controlled or ameliorated with available techniques and the prognosis is poor, consider euthanasia.**

**For additional pharmaceutical dosing information, see the dosing tables in the WSAVA GPC Treatise at [www.wsava.org](http://www.wsava.org)**